

Name _____

5 A Day Take Home Activity

Please help your child work on this fun learning activity that deals with fruits. Fruits are a great way to help to protect your body from getting sick and are packed with high levels of Vitamin C. Please have your child bring this activity back to their teacher. You and your child will be entered in this weeks raffle to win a fun 5 A Day prize.

Have your child draw a line from the drawing of the fruit to its proper name.



Bananas



Broccoli



Carrot



Grapes

Questions for the Parents:

How many times a week do you serve fruits?

- A. Every day
- B. 2-3 times a week
- C. Once a week
- D. Never

How many times a week do you serve vegetables?

- A. Every day
- B. 2-3 times a week
- C. Once a week
- D. Never