

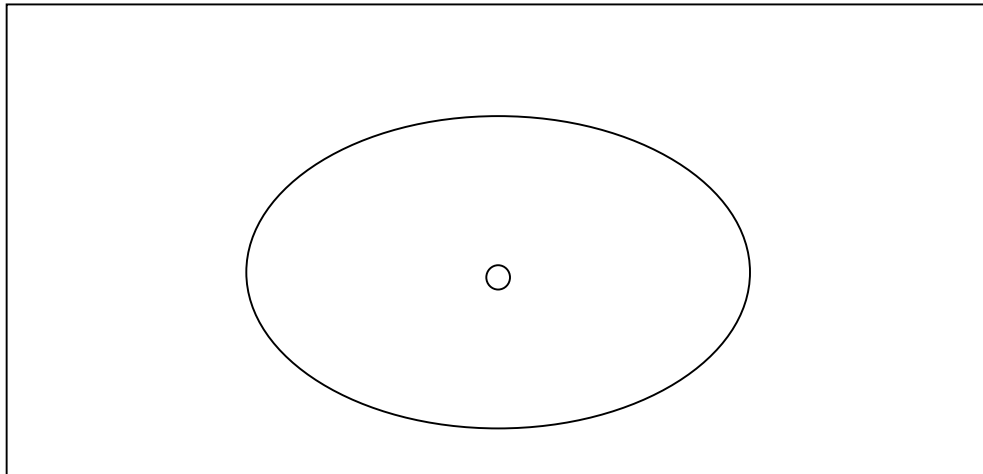
Name: _____

5 A Day Take Home Activity

In class your child has been learning about the importance of washing your hands before preparing a meal and before eating a meal. Washing your hands helps to kill germs that could end up on your food and make you sick.



In the space provided, help your child draw what your sink looks like (faucet, soap, towels, etc.) and remind them how important it is to wash your hands many times throughout the day, especially before eating. Please have your child return this picture to his/her teacher to be entered in this week's 5 A Day raffle.



Questions for parents:

How often does your child wash hands his/her hands a day?

- A. Many times a day
- B. Every so often
- C. Occasionally
- D. Never

When your child washes their do they use soap?

- A. Yes
- B. No



**Make sure before the next time you eat
YOU WASH YOUR *HANDS* WITH *SOAP* AND *WATER*!!**